



Dr/ Mohamed Attalla


Physical & psychological health consultant
with bio-energy


Professor of Chinese traditional medicine


Profile

PhD in psychology
Masters in Physical Health
Instructor & Consultant


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Experience

April, 2019 – Present International Organization for Migration

Community Engagement

- Establish the first contact with beneficiaries and build an open relationship of respect and trust with them.
- Maintain professional confidentiality.
- Assist cultural mediation and community empowerment.
- Focus Discussion Groups and Information Sessions with the community to promote Mental Health wellbeing
- Lead Mindfulness Team with beneficiaries on weekly basis.
- Making new connections through hobbies and social groups to reduce the risk of mental illness

April, 2017 – Present International Organization for Migration

Designing and implementing a staff development training program

- IOM (International Organization for Migration), Athens, Greece
- Janssen Cilag Pharmaceuticals SA, Athens, Greece
- Emotional World, Athens, Greece
- training of company staff through experiential activities on balancing working – private life

2017 – Present Private Centers/ Freelancing

Lecturer and instructor in a variety of experiential Qi Gong, Tai Chi personal development seminars / Collaboration with private centers, participation in festivals in Greece and Cyprus

- design and implementation of annual programs, seminars and thematic workshops for personal development ("Healing the Unhealthy", "Changing Feeling through Movement", "You", "Absolute Protection", "Ultimate Protection of Feelings – The Strength within You etc)

2012 – Present Gyms & Yoga Centers, Athens, Greece

Fitness instructor & Tai Chi, Chi Kong Teacher

- Examples: Pranic Healing Light, Yoga Center AION, TATOI Club, THETAHealing, Life Up Gym, Body Control, Freedom Health Club, Desport Health Club, European Village - Plato Academy

2007 – 2017

Public Schools, Public Hospitals, Medical Centers, Aegean University, NGOs, SOS Children's Villages, KETHEA, Refugee Hosted Centers, Greece

Cultural Mediator

- working with experts to support migrants and refugees
- parental counseling
- educational / therapeutic thematic workshops through Tai Chi, Qi Gong
- coordinator of sports activities team

2004 - 2005

Sports Teacher in Primary & High School

- *Public school, Cairo, Egypt* coordinator of sports activities team

Education

PHD Degree in Psychology 2017 - 2020

The University of Jordan

The psychological behaviour and social compatibility of the individual and its relationship to the use of different types of narcotic substances

2016 - 2019

- **Master of Traditional Chinese Medicine**
AKADIMIA OF ANCIENT GREEK AND CHINESE MEDICINE.

2015

- **Master's Degree** in Physical Education, The University of Jordan.

2004

- Training Program: Personal Development through Therapeutic Tai Chi - Qi Gong, *HELUAN University, Cairo, Egypt*

1999 - 2003

Bachelor of Physical Education

CHELUAN University, Department: International Academy of Science and Sport Arts, Cairo, Egypt

- **Major: KUNG FU Training (Tai Chi - Qi Gong)**

Additional Training

2020

- Certificate in “**Self-Harm**”, organized by MERIMNA

2019

- Certificate in “**Conflict Management**”, organized by MERIMNA

2019 - 2020

- Certificate in “**Applied Counseling Practice**”, organized by Metropolitan College

2018 - 2019

- Certificate in “**Adult Education: Complete Education and Exercises with MicroTeaching Techniques**”, organized by National Kapodistrian University of Athens

2017

- Seminar: “**Immigrants and Mental Health**”, organized by Babel Day Center
- 20-Hour Distance Learning Program: “**The Power of Words and Thoughts**”. Emara Academy LLC, USA
- 30-Hour Distance Learning Program: “**Application of the Law of Attraction**”. Emara Academy LLC, USA

2015

- Educational Seminar “**Citizens of the World**”. Organization: European Fund for the Integration of Third-Country Nationals, Athens
- Education: «**Advanced & Basic Pranic Healing Course - Master Choa Kok Sui**», Institute for Inner Studies, Inc.

2013

- Educational Seminar **Shaolin Kung Fu, Qi Gong, teacher Shi Yan Ti**, Shaolin Temple Secular Disciple's Union Greece

2009

- Seminar: “**Immigrants and Mental Health**”, organized by Babel Day Center